



HeartzTM

The game of self discovery!

Object of the Game:

Play as a team to move game pieces across a board by answering questions and learning about yourself and your friends.



Game Pieces:

- Game board – 4 color checker board-style
- 8 Game pieces
- 270 question and answer cards
- 4 Answer pads with grids for marking answers

Set Up:

- Place the board in the center of play.
- Set your game piece on the side of the board where your team will start. This will be your team's start row.

Game Play:

- Each team's game pieces will be moved across the board to the opposing team's start row to win the game.
- Set the card box near the board.
- Choose a player to draw the first question card.
- The player who draws the first question card reads it out loud. Note: do not look at or let other players see the answers on the back of the question card.
- Mark the number on your answer sheet that most closely reflects how you would respond to the situation presented by the question.

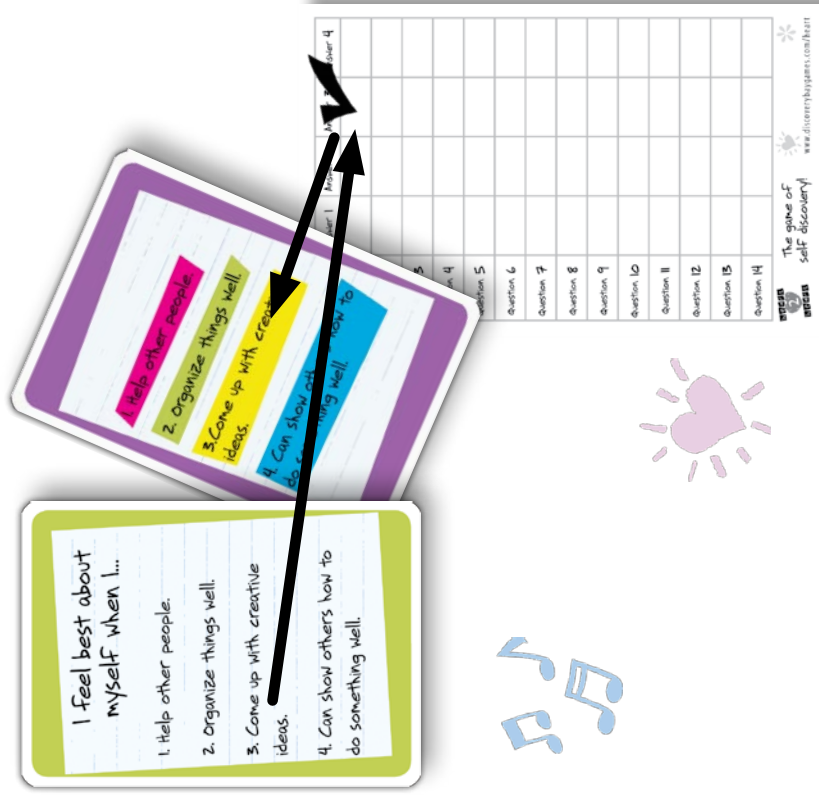
- Do not look at the answers on the back of the card until all answer sheets are marked.
- Now turn the card over to the answer side. Each answer will tell you which color square to put your game piece on.

Play moves forward color-square-by-color square as you answer questions that help you learn more about yourself and your friends.

- You can move to a color square that corresponds with your answer's color only if the color square you are on borders it in some way: corner to corner, side-by-side, just above, or just below.
- You may move vertically, horizontally, or diagonally.
- You can move backward or forward or sideways.
- If you find yourself in an area on the board where you can't move, you may do either of the following:

- Trade places with a willing teammate.
- Deliberately give a different answer than your first choice. This MAY give you a color that allows you to move without trading places with a teammate.
- If a move is possible—even a backward move—you must take it or trade places with a teammate who is willing to trade. (Both teammates must wait until after the trade to move).

- You don't have to move once you get onto your team's FINISH row but you are allowed to trade with a teammate who needs help getting to the FINISH row.
- This is a team effort, so all players must make it to their finish row to win.



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Red (Feel) = If you often come up red, it means you tend to make group-friendly decisions based on what you see as the needs of the people you care about. You like to feel that you belong and are valued as part of the group. You're a *hands-on-learner* who enjoys, maybe even needs, physical activity as part of your way of gathering information.

Green (Think) = If you often come up green, it means you tend to make careful, *dot-to-dot* decisions that are based on order, logic, facts and rules. You're analytical and have an *inside the box* style of learning. You practice carefully before you do anything you haven't done before in order to do it right the first time.

Yellow (Talk) = If you often come up with yellow, it means you tend to make quick creative decisions based on understanding and talking about ideas. You inspire ideas in others and help to bring about change. You are an *outside the box* learner. You tend to learn by listening to others. You're an enthusiastic dream mover.

Blue (Look) = If you often come up with blue it means you tend to take charge of decisions in your own way. You look for freedom in leadership. You gather information as a *big picture* learner and keep your eye on the ball. You are not afraid to take charge of things that have never been tried before and you tend to be very visual.

Playing Heart 2 Heart™ tells you a little about who you are and what makes you unique. It helps you use your strengths together with your friends' strengths to reach a goal.

Everybody is good at something different. We can all learn to bring out the best in each other when we understand those differences and see how valuable they can be when pooled together.

One color isn't better than any other. A mix of colors is normal but you will tend to come up with some colors more often than others. Don't be surprised if your colors change at times, though. That's normal, too!